

Use this checklist as a guide when choosing items to donate. These are some of our most-needed staples, but we're grateful for support of any kind — every item makes a difference!

Canned beans	
Carried Dearis	Canned pasta (Alphagetti, etc.)
Canned vegetables	Canned fruit
Canned soup	Pasta sauce
Side Kicks	Unsweetened cereal (Rice Krispies, Cheerios)
Spaghetti / Macaroni dried noodles	Baking items (flour, sugar, choc chips etc.)
Ichiban noodles	Juice boxes / 1L juice
Kraft Dinner	Condiments
Soda crackers	Granola bars
Oatmeal	Coffee / Tea
Canned tuna, chicken, salmon, etc.	